# Employee Resources (On- and Off-Campus)

## Confidential Support On-Campus (100%)

### Office of the Ombudsperson
Provides conflict resolution and negotiation support and services.

(970) 491-5121  
Website: [https://ombudsandeap.colostate.edu/csu-ombuds-office/](https://ombudsandeap.colostate.edu/csu-ombuds-office/)

## Confidential Support On-Campus (Need-To-Know)

### Office of Equal Opportunity (OEO)
OEO provides assistance in matters related to equal opportunity, affirmative action, and non-discrimination. Also, this office assists with complaints of discrimination and harassment.

(970) 491-5836  
Website: [https://oeo.colostate.edu/](https://oeo.colostate.edu/)

## Confidential Support Off-Campus

### Employee Assistance Program (EAP)
Provides counseling and crisis intervention services.

- (800) 497-9133  
- (970) 491-1527  

EAP Online Access: [https://www.guidanceresources.com/groWeb/login/login.xhtml](https://www.guidanceresources.com/groWeb/login/login.xhtml)  
*Company Web ID: CSUEAP (Use this ID to create an account)*

Website: [https://ombudsandeap.colostate.edu/employee-assistance-program/](https://ombudsandeap.colostate.edu/employee-assistance-program/)

(Note: There are 6 free Counseling sessions offered through EAP (per family member))

### Sexual Assault Victim Advocate Center (SAVA)
Provides counseling, crisis intervention, and advocacy services.

970-472-4200 (24-Hour Rape Crisis Hotline)  
970-472-4204 (Fort Collins Office)

### Crossroads Safehouse (Domestic Violence)
Provides counseling, crisis intervention, and advocacy services.

970-482-3502 (24-Hour Crisis Hotline)  
970-530-2353 (Fort Collins Office)

### Rape, Abuse & Incest National Network (RAINN)
Provides counseling by phone or live online communication.

1-800-656-4673 (24-Hour National Crisis Hotline)  
Online Chat: [https://hotline.rainn.org/online/](https://hotline.rainn.org/online/)

## Non-Confidential Support

### If an Emergency Dial: 9-1-1

### Student Case Management
Provides crisis prevention and intervention services.

(970) 491-8051  
Website: [http://www.studentcasemanagement.colostate.edu/home](http://www.studentcasemanagement.colostate.edu/home)

### Tell Someone
Tell Someone provides you professional access to discuss mental health or safety concerns that you may have about a student or employee on campus.

(970) 491-1350  
Website: [http://www.supportandsafety.colostate.edu/tellsomeone](http://www.supportandsafety.colostate.edu/tellsomeone)

## CSU Police Department
(970) 491-6425 (non-emergency)

## Fort Collins Police Department
(970) 221-6540 (non-emergency)
Confidential Support On-Campus

CSU Health and Medical Center Counseling Services
Provides counseling and spiritual care services.
970-491-6053
970-491-7111 (After-hours)
Monday – Friday, 8am- 5pm.

Women's Care Services at CSU Health Network
Provides women care services that includes but is not limited to woman examinations, birth control counseling, and sexual transmitted infection (STI) testing, counseling, and treatment.
970-491-1754
Monday – Friday, 8am- 5pm.

Women and Gender Advocacy Center: Victim Assistance Team (VAT)
Provides counseling, crisis intervention, and advocacy services.
970-492-4242 (24-Hour Hotline)
970-491-6384 (WGAC Office)
Monday – Friday, 8am-5pm.
Email: wgac@colostate.edu

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